## LIFE-Groups

Growth Assignment—Week #8

## Hard Hearted—Heb 3:7-19

This week we look at the writer of Hebrews reference to Psalm 95:7-11. This Psalm is also a reference to a very important time in the history of Israel. God has miraculously delivered them from the control of Pharaoh in Egypt. They have just crossed the Red Sea and in Exodus 15 they encounter bitter water and the grumbling begins. Then in Exodus 16 they grumble some more and want bread and meat. So God gives it to them. Then in Exodus 17:1-7 they are thirsty and want some water. So Moses strikes the rock and gives them water from the rock. The writer of Psalm 95 and then also Hebrews 3 calls the cause of these events a "hardened heart." So we need to study these passages to see what Israel did that was evidence of a hard heart so we can heed the warning of Hebrews 3:12—*See to it, brothers, that none of you has a sinful, unbelieving heart that turns away from the living God.* 

**Psalm 95**—Remember the Psalms are Jewish songs that were sung unto God. Read Ps 95 and then answer the questions below.

Vs 1-6—What do these verses encourage us to do?

Come . .

Let Us . . .

Why? **For. . .** 

Why did The Israelites give praise unto God? Which of the above praises do you give to God? So what do you think caused the change in vs 7? Exodus 15-17—Now let's take a look at what happened to the Israelites that caused them to get a hard heart.

Grumbling: Circle the word grumbling in the passages Exodus 15:22-14—Why were they grumbling? What was the real problem? Exodus 16:1-2—Why were they grumbling? What was the real problem? Exodus 16:6-8—Why were they grumbling? What was the real problem? Exodus 16:12, 16, 35 -What was the result of their grumbling?

**Testing:** Look at the testing of God and the people **Exodus 15:25-26**—Who was tested? Why? **Exodus 16:4-5**—Who was tested? Why? **Exodus 17:2, 7**—Who was tested? Why?

**Quarreled:** Look now at the progression. How have they responded to Moses? Exodus 17:1-7

**WRAP IT UP**—Look back at the end of Ps 95 and see what it says about the Israelites at Massah & Meribah?

Hebrews 3:1-19 What does the writer of Hebrews say is the problem? What warning does he give us?

Psalm 95 starts with \_\_\_\_\_ and ends with (vs 8) \_\_\_\_\_

Hebrews 3 tells us not to get a hardened heart, what answer does it give us for a hardened heart? (13,14)